

Transitional PACKING LIST

CARRY-ON ESSENTIALS

- o Passport / travel documents (printed + digital)
- o Wallet with cash / cards / driver's license
- o Insurance info. (car, health, travel, etc.)
- o Medications (original containers)
- o Phone / charger / portable power bank
- o e-Reader / headphones / chargers
- o Eye mask / travel pillow / ear plugs
- o Snacks / protein / electrolytes / mints
- o Hand sanitizer / lip balm
- o Ink pen for Immigration forms
- o Extra change of clothes

CLOTHING

- o Comfortable daytime outfits (layer-friendly)
- o Lightweight sweaters / jacket / cardigans / shawl
- o Packable jacket or rain shell
- o Evening resort attire (check dress codes)
- o Gym workout clothes / shoes
- o Sleepwear / undergarments / socks
- o Swimsuits / cover-ups / SPF shirt
- o Shoes: walking / hiking / evening / sandals
- o Sun hat / sunglasses / belt / accessories
(leave expensive jewelry at home)
- o Umbrella / rain jacket

**** Check destination weather**

OUTDOOR STAPLES

- o Daypack or lightweight backpack
- o Sunscreen (reef-safe)
- o Reusable water bottle (empty prior to security)
- o Waterproof phone case
- o Soft-sided collapsible cooler
- o Lightweight picnic blanket / compact towel
- o Dry bag or water-resistant pouch
- o Wet bag for damp swimwear
- o Hiking / walking stick
- o Polarized sunglasses
- o Binoculars

TOILETRIES

- o Shampoo / conditioner
- o Bath gel / soap / bubble bath / sponge
- o Cosmetics / make-up remover
- o Skincare / lotion
- o Razors / shaving cream / aftershave
- o Deodorant / perfume
- o Toothbrush / paste / dental floss
- o Contact lenses / solution
- o Cotton balls / swabs
- o Contraception / massage oil
- o Feminine hygiene products
- o Hairdryer / flat iron
- o Hair brush / comb / clips / ties
- o Hair spray / gel / dry shampoo
- o Seasickness / headache meds / sleep aid

**** Confirm room amenities.**

**** Check airline for size limits and restrictions**

TRAVEL EXTRAS

- o GoPro / camera / accessories
- o Universal outlet adapter
- o Packing cubes & laundry bag
- o AirTags for luggage tracking
- o Luggage ID Tags
- o Bug spray / wipes



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